



## European Spinal Psychologists Association

Summer 2019 Newsletter



**8<sup>th</sup> Conference: Psychological approaches to managing co-morbidity, incomplete injury, and higher age at injury, Der Balgrist University Hospital  
See Page 2 for Conference round up**



**[www.espaspinal.org](http://www.espaspinal.org) for the latest information, as well as programmes and photos from previous conferences**



**@ESPAspinal, an easy way to stay up to date and join international conversations**

**We've an extra ESPA event this year and are delighted to host, with the ISCoS Psychosocial group, the Inaugural Psychology preconference at Nice 2019.**

**A great preconference workshop planned:**

**<https://iscosmeetings2019.org/index.php/programme-abstracts/premeeting-psychology>**

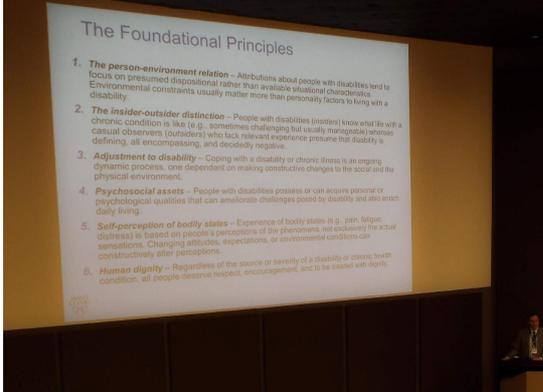
**The ISCoS programme is packed with psychology presentations, workshops and Instructional courses too!**



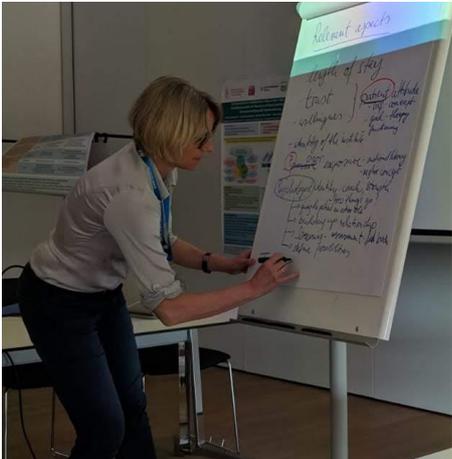
# European Spinal Psychologists Association

The 8<sup>th</sup> Conference was packed with superb and diverse presentations

A lively and stimulating discussion followed Professor Dan Rohe's fantastic keynote presentation of the Foundational Principles of Rehabilitation Psychology – a challenge that's still relevant for practice today



Three informative workshops, with plenty to take home clinical information



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Delegates warmly received the inaugural Professor Paul Kennedy presentation by Dr Maren Westphal. Paul Paxton from Stewarts (award sponsor) introducing Maren and fondly remembering Paul.



The Linda Hall best presentation prize was voted on during the conference by delegates Corinne Stadler received 1<sup>st</sup> prize and Dr Susie Charlifue 2<sup>nd</sup>. Paul Paxton from Stewarts (award sponsor) presenting the award and paying tribute to Linda's tireless work for ESPA





## European Spinal Psychologists Association

With networking opportunities to forge clinical and research development



Our grateful thanks to Daniel Stirnimann and Der Balgrist for a wonderful meeting



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Haven't signed the membership form yet? To make sure you have future information about ESPA-activities, please sign this form and return to: [espaspinal@gmail.com](mailto:espaspinal@gmail.com)

## ESPA Membership Form

First Name:	
Surname:	
Job Title/Designation:	
Hospital/Centre/Institution:	
Correspondence Address:	
City:	
Country:	
Telephone:	
Email:	
How did you hear about ESPA?	

By signing this form you are confirming that you are consenting to ESPA, at the Association address below and the ESPA secretary, holding and processing your personal data for the following purposes (please tick the boxes where you grant consent):-

- To including my details on the 'ESPA Database'.
- To keep me informed about news, events and conference (*note you can unsubscribe from these communications at any time*).
- To share my contact details with a local conference organiser if required for a specific event.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

You can grant consent to all the purposes; one of the purposes or none of the purposes. Where you do not grant consent we will not be able to use your personal data (so for example we may not be able to let you know about forthcoming conferences); except in certain limited situations, such as where required to do so by law or to protect members of the public from serious harm.

Membership information is kept secure by the ESPA Committee and used for ESPA administrative and conference information only.

ESPA will not pass this information onto any third party, and only keep it for 24 months, after which the information will be removed. You can withdraw or change your consent at any time by contacting the ESPA Chair, Dr Jane Duff at the Department of Clinical Psychology, National Spinal Injuries Centre, Stoke Mandeville Hospital, Buckinghamshire Healthcare NHS Trust, Mandeville Road, Aylesbury, UK, HP21 8AL or [espaspinal@gmail.com](mailto:espaspinal@gmail.com). Please note that all processing of your personal data will cease once you have withdrawn consent, other than where this is required by law, but this will not affect any personal data that has already been processed prior to this point. This is in accordance with the General Data Protection Regulation (GDPR EU, 2018).

The logo for the European Spinal Psychologists Association (ESPA) features the acronym 'ESPA' in a bold, red, sans-serif font, enclosed within a blue oval border.

European Spinal Psychologists Association

News



Spinal cord injury: looking after body and mind – Dublin, Spring 2021  
ESPA's 9th Conference



Keynote:  
Professor Denise Tate  
University of Michigan  
Medical School

ESPA's annual report and minutes from the 2019 BAGM  
<http://www.espaspinal.org/leadership.html>

For the third year running, UK Clinical Psychologists have been recognised by the Spinal Injuries Association, with Dr Sally Kaiser and Dr Lead Wood, from the Midlands Spinal Injury Centre at Oswestry being voted 2019 Outstanding team.



### ESPA is working to:

- Support the development and dissemination of psychological knowledge about spinal cord injury
- Facilitate clinical research, providing a collaborative network culture across nations for clinicians and researchers
- Share clinical and psychological practice, promoting the highest standards of care.

ESPA now has members in over 22 nations.

If you are aware of colleagues who have not heard of ESPA please share with them our new email address: [espaspinal@gmail.com](mailto:espaspinal@gmail.com) and invite them to contact us for information.

Please do get in touch with any information, announcements, collaborations and so on at [espaspinal@gmail.com](mailto:espaspinal@gmail.com)