**ESPA Committee ANNUAL REPORT: BAGM 2021**

**9th eESPA Conference:**

**Achievements 2019-2021:**

* Successful joint ISCoS Psychosocial Special Interest Group and ESPA preconference 4th November 2019 and agreement from ESPA Executive committee to support a joint pre-conference when ISCoS is in Europe
* Membership – full membership included within the conference registration fee for eESPA and ongoing
* Increase reach of the organisation:
  + Continue providing Newsletters
  + Revamped the website with professional web development agency – [www.espaspinal.org](http://www.espaspinal.org) - payment portal for conferences and refreshed to enable greater connectivity, greater governance, members can join via website
* 12 Skype /Zoom Committee Conference calls, thanks to Executive Committee – Jasmine, Peter and Magnus for their hard work over the past 2 years

**Future 2021 onwards:**

* Newsletters via Mailchimp
* Further enhance and develop website – including filmed keynotes from eESPA
* 2022 – Dublin date TBC, blended, continue theme of “Looking after Body and Mind”. Keynote Dr Tijn van Dieman: the role of self-effciacy in secondary health conditions
* Similar financial position as 2019 (website costs but no in person conference costs)
* Standing subcommittee ‘scientific’ committee to become established



# Dr Jane Duff

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