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Welcome from the Chair

Dear Colleagues,

We are excited to confirm that our 11th conference will be hosted in the Netherlands on Thursday 25th to Friday 26th April 2024

Conference Theme

Quality of life and the interdisciplinary contribution

We're delighted to share that our keynote speaker for this conference will be Professor Marcel Post

The presentation promises to be very interesting, please see his outline in the newsletter

To register your interest in this conference please subscribe to our newsletters and more information will be sent to you in due course

[Click here to contact us or subscribe](#)

Very best wishes to you all and looking forward to our 11th conference in 2024

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Dr Jane Duff, ESPA Chair

SAVE THE DATE
25th & 26th April 2024
Njmegen, Netherlands



Professor Marcel Post

Keynote Speaker ESPA 2024

QOL: Looking back and to the future

"The term quality of life has fascinated me throughout my scientific career. According to PubMed, I have authored or coauthored 108 articles with the term 'quality of life' in the title or abstract, of which 56 in combination with the term 'spinal cord'. Not a bad record for someone who defended his PhD Thesis with the proposition that the term quality of life should be abandoned in 1997. The twenty-five year anniversary of my PhD is a good reason to contemplate what has changed, or not changed, over the years. If I would submit the main article from my PhD Thesis as a new original study today, would

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presentation to discuss findings and clinical implications of quality of life research among people with spinal cord injury."

Welcome to our newest Committee Members

Marion Gounelle



Ingo Pals



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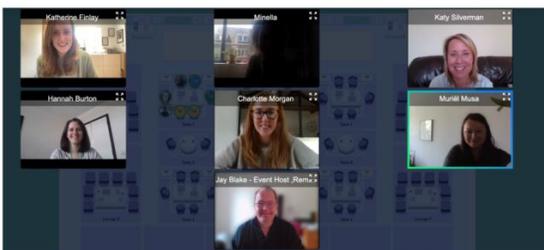
ESPA Scientific Committee Opportunity

We are seeking expressions of interest from anybody interested in getting involved with the ESPA Scientific Committee and being part of the team.

If you are interested in joining the committee please complete the [expression of interest form here](#) and send this to espaspinal@gmail.com

ESPA 2022 Conference Dublin Photos

Thank you to everyone who was able to join us both in person and virtually. This was our first hybrid conference and we would like to say a special thank you to the speakers, presenters, committee members, technicians, hosts and members for making this conference a success.



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2nd joint ESPA/ISCoS Psychosocial SIG 8th October 2023, Edinburgh, United Kingdom

Over 90 delegates attended the Psychosocial Special Interest Group preconference, about 60 in person in Vancouver. The framework for the day was the Canadian Rehabilitation Standards, with most speakers being local to Canada and talking about the development and implementation of the standards across mental health screening, pain, sexuality, substance use and peer counselling, with self-management, lived experience leadership and inclusion for the standards being integral. The preconference attracted delegates with a very wide range of backgrounds and we're hoping to build on this fabulous foundation and provide a varied programme for Edinburgh 2023 and that ESPA members can attend – we'll share more news soon.

In the main conference, Jane and Tijn provided oral presentations and led workshops. Aside from these the programme included a lot of psychosocial topics with workshops on cognitive impairment and associated fatigue, a self-management program called 'reinventing yourself after SCI', and some great workshops on sexual health. There was a poster promoting the conclusions of the Basic Psychological Data Set, to use the GAD-2 and 7 and PHQ-2 and 9, the full report will be launched shortly. Tijn is leading with Dr Kimberley Monden the work on the Advanced Data Set which commences in January – it's exciting times! Details about the 3rd ISCoS Paul Kennedy Bursary will be sent to ESPA members when registration information is available.

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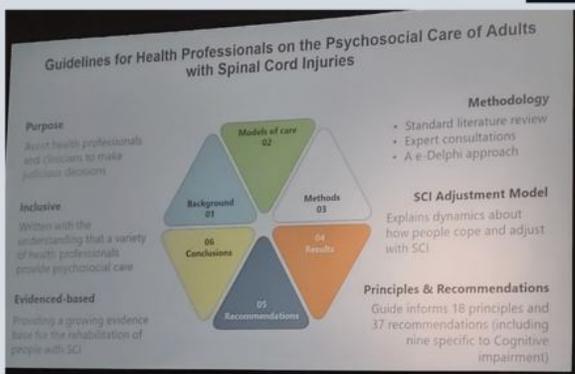
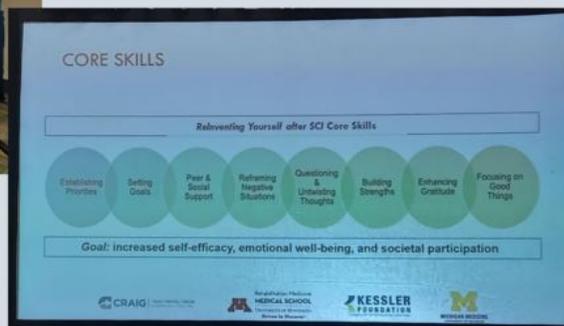
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ISCOS 2022

Vancouver, Canada



Questions in the Q&A box contact Jennifer Coker, PhD, MPH with any questions!



Scan the code above with your phone camera for contact info



Members News



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WHO support for SCI and TBI service development in Ukraine

Dr Alistair Teager, clinical and neuropsychologist from the UK, has just gone out to the Ukraine until March 2023 to support the development of services. If

anyone has resources they can share please email him on:

alistair.teager@nca.nhs.uk or direct mail him on Twitter @ajteager. If you tweet please remember to @ESPAspinal then others can follow his progress through our website.

We would welcome news you'd like to share by March 2023 so we can share it in our next newsletter.

Thank you to our members!

The ESPA committee would like to thank the membership once again for your continued support. Please feel free to get in touch with any information, announcements, collaborations and so on at espaspinal@gmail.com



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